A picture containing logo

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Deer Lodge Medical Center’s walking prescription program provides an array of local trail maps for walkers to utilize.

A 0.10-mile length of sidewalk surrounds the Deer Lodge Community Playground located on the Deer Lodge Medical Center campus off the North Exit. A great stop and stretch for folks while traveling.



For Montana Trails Rx walkers, we have an easy level walking trail/park at Deer Lodge’s south end – **Arrowstone Park**. The park offers 2.8 miles of asphalt paved trails along the Clark Fork. The county will be installing 0.10 trail markers at Arrowstone Park trails.

Diagram

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An improved gravel surface bicycle/walking route, the Old Yellowstone Trail, is currently 6.5 miles, with another 4.5 miles near completion. The trail will go from Deer Lodge City to Garrison. The **Old Yellowstone Trail** is a segment of the Great American Rail-Trail route.

Diagram

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The **Grant Kohrs Ranch National Historic Site** has 10.5 miles of trails for walking/running enjoyment.

Map

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Come on over to our valley and enjoy the views!

A group of people standing in a field

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